



Self-Assessment Tool (SAT)

Name: _____ Date: _____

Interpretation of the Rating Scale

The following statements describe professional behaviors. Rate yourself on these statements using the scale to the right.

Compared to others you know in your membership class (Chiropodists or Podiatrists), rate your performance for each statement.

Please circle the most appropriate response for each statement.

Table with 7 columns: Statement, Among the Worst, Bottom Half, Average, Top Half, Among the Best, Unable To Assess. 13 rows of statements and ratings.



The College of Chiropodists of Ontario

Form No. 02

	Among the Worst	Bottom Half	Average	Top Half	Among the Best	Unable To Assess
14. Within the range of services provided by me, I perform technical procedures skillfully.	1	2	3	4	5	UA
15. I take appropriate action at all times to minimize the risk of cross infection.	1	2	3	4	5	UA
16. I maintain quality medical records.	1	2	3	4	5	UA
17. I document information accurately in the medical records.	1	2	3	4	5	UA
18. I document information in the medical records in a timely manner.	1	2	3	4	5	UA
19. I refer patients when necessary.	1	2	3	4	5	UA
20. I maintain appropriate ethical professional boundaries with patients.	1	2	3	4	5	UA
21. I show compassion for patients.	1	2	3	4	5	UA
22. I maintain the confidentiality of patients.	1	2	3	4	5	UA
23. I respect the rights of patients.	1	2	3	4	5	UA
24. I collaborate with medical colleagues on difficult cases.	1	2	3	4	5	UA
25. I am involved with professional development.	1	2	3	4	5	UA
26. I review research literature and assess what it means for my practice.	1	2	3	4	5	UA
27. I evaluate the effectiveness of continuing educational programs I attend.	1	2	3	4	5	UA
28. I recommend changes to improve the effectiveness of continuing educational programs I attend.	1	2	3	4	5	UA
29. I help with student learning.	1	2	3	4	5	UA
30. I am recognized by my peers for having developed an area of expertise.	1	2	3	4	5	UA
31. I accept responsibility for my professional action.	1	2	3	4	5	UA
32. I manage personal stress.	1	2	3	4	5	UA
33. I know the limits of my knowledge.	1	2	3	4	5	UA
34. I implement an education plan to manage my shortcomings.	1	2	3	4	5	UA
35. I am an active member of a professional interest group.	1	2	3	4	5	UA

Note: Please keep the SAT form in your file. Do not return it to the College.